



Smiley's

LITTLE LUNCH BOXES

MADE FOR PARENTS - ENJOYED BY KIDS

WEEK 1

MONDAY WEEK 1

- Frankfurts and Tomato Sauce
- Carrot Sticks
- Apple Puree
- Plain Chips
- Lamington fingers

TUESDAY WEEK 1

- Ham and Cheese Sandwich
- Red and Green Capsicums
- Cheese Crackers
- Scotch Finger Biscuits
- Chocolate Custard

WEDNESDAY WEEK 1

- Salami and Cheese Roll
- Celery Sticks
- Twisties
- Jelly Cup
- Choc Chip Cookies

THURSDAY WEEK 1

- Chicken, Lettuce and Mayo Sandwich
- Cherry Tomatoes
- Rice Crackers
- Raspberry Tartlets
- Diced Peaches

FRIDAY WEEK 1

- Meatball Sub
- Cucumbers Rounds
- Yogurt Tub
- Noodle Snacks
- Oreo Cookies

WEEK 2

MONDAY WEEK 2

- Devon and Tomato Sauce Sandwich
- Celery Sticks
- Custard Tub
- Pizza Crackers
- Donut

TUESDAY WEEK 2

- Pizza Fingers
- Cucumber Rounds
- Jelly Cup
- Pretzels
- Sprinkle Cookies

WEDNESDAY WEEK 2

- Chicken, Cream Cheese and Salad Roll
- Carrot Sticks
- Yogurt Tub
- Teddy Cookies
- Cheese Rings

THURSDAY WEEK 2

- Vegemite and Cheese Sandwich
- Red and Green Capsicums
- Burger Rings
- Choccy Fingers
- Diced Peaches

FRIDAY WEEK 2

- Ham and cheese Croissant
- Cucumber Rounds
- Fruit in Jelly
- Chicken Crackers
- Snowball



Alternate and Dietary Meal Options - WEEK 1

MONDAY WEEK 1

TUESDAY WEEK 1

WEDNESDAY WEEK 1

THURSDAY WEEK 1

FRIDAY WEEK 1

Plain Alternative Meal

- Jam Sandwich
- Carrot Sticks
- Yogurt
- Plain Chips
- Lamington Finger

- Ham Sandwich
- Carrot Sticks
- Rice Crackers
- Choccy Fingers
- Chocolate Custard

- Cheese Roll
- Celery Sticks
- Twisties
- Jelly Cup
- Choc Chip Cookies

- Chicken Sandwich
- Carrot Sticks
- Rice Crackers
- Raspberry Tartlets
- Yogurt

- Vegemite Roll
- Cucumbers Rounds
- Yogurt Tub
- Plain Chips
- Oreo Cookies

Vegetarian Meal

- Jam Sandwich
- Carrot Sticks
- Apple Puree
- Plain Chips
- Lamington finger

- Lettuce and Cheese Sandwich
- Red and Green Capsicums
- Cheese Crackers
- Scotch Finger Biscuits
- Chocolate Custard

- Salad and Hummus Roll
- Celery Sticks
- Twisties
- Yogurt
- Choc Chip Cookies

- Cheese, Lettuce and Mayo Sandwich
- Cherry Tomatoes
- Rice Crackers
- Raspberry Tartlets
- Diced Peaches

- Vegemite Roll
- Cucumbers Rounds
- Yogurt Tub
- Noodle Snacks
- Oreo Cookies

Gluten Free Meal

- Frankfurts and Tomato Sauce
- Carrot Sticks
- Apple Puree
- Plain Chips
- GF Cookie

- GF Ham and Cheese Sandwich
- Red and Green Capsicums
- Rice Crackers
- Rice Bubble Slice
- Chocolate Custard

- GF Salami and Cheese Sandwich
- Celery Sticks
- Cheese Rings
- Jelly Cup
- GF Choc Chip Cookies

- GF Chicken, Lettuce and Mayo Sandwich
- Cherry Tomatoes
- Rice Crackers
- GF Anzac Biscuit
- Diced Peaches

- GF Ham and Cheese Sandwich
- Cucumbers Rounds
- Yogurt Tub
- Plain Chips
- GF Cookies

Dairy Free Meal

- Frankfurts and Tomato Sauce
- Carrot Sticks
- Apple Puree
- Plain Chips
- Lamington finger

- Ham Sandwich
- Red and Green Capsicums
- Rice Crackers
- Rice Bubble Slice
- Diced Peaches

- Salad and Hummus Roll
- Celery Sticks
- Pretzels
- Jelly Cup
- GF Choc Chip Cookies

- Chicken, Lettuce and Mayo Sandwich
- Cherry Tomatoes
- Rice Crackers
- Oreos
- Diced Peaches

- Meatball Sub
- Cucumbers Rounds
- Jelly Cup
- Noodle Snacks
- Oreo Cookies

Egg Free Meal

- Frankfurts and Tomato Sauce
- Carrot Sticks
- Apple Puree
- Plain Chips
- Choccy Fingers

- Ham and Cheese Sandwich
- Red and Green Capsicums
- Cheese Crackers
- Rice Bubble Slice
- Chocolate Custard

- Salami and Cheese Roll
- Celery Sticks
- Twisties
- Jelly Cup
- EF Choc Chip Cookies

- Chicken, Lettuce and Hummus Sandwich
- Cherry Tomatoes
- Rice Crackers
- Raspberry Tartlets
- Diced Peaches

- Meatball Sub
- Cucumbers Rounds
- Yogurt Tub
- Noodle Snacks
- Oreo Cookies



Alternate and Dietary Meal Options - WEEK 2

MONDAY WEEK 2

TUESDAY WEEK 2

WEDNESDAY WEEK 2

THURSDAY WEEK 2

FRIDAY WEEK 2

Plain Alternative Meal

- Jam Sandwich
- Celery Sticks
- Yogurt
- Rice Crackers
- Donut

- Cheese Sandwich
- Cucumber Rounds
- Jelly Cup
- Pretzels
- Sprinkle Cookies

- Chicken Roll
- Carrot Sticks
- Yogurt Tub
- Teddy Cookies
- Cheese Rings

- Cheese Sandwich
- Carrot Sticks
- Rice Crackers
- Choccy Fingers
- Jelly Cup

- Jam Croissant
- Cucumber Rounds
- Jelly
- Chicken Crackers
- Snowball

Vegetarian Meal

- Jam Sandwich
- Celery Sticks
- Custard Tub
- Pizza Crackers
- Donut

- Cheese Sandwich
- Cucumber Rounds
- Yogurt
- Pretzels
- Sprinkle Cookies

- Cream Cheese and Salad Roll
- Carrot Sticks
- Yogurt Tub
- Teddy Cookies
- Cheese Rings

- Vegemite and Cheese Sandwich
- Red and Green Capsicums
- Burger Rings
- Choccy Fingers
- Diced Peaches

- Jam Croissant
- Cucumber Rounds
- Fruit in Jelly
- Chicken Crackers
- Snowball

Gluten Free Meal

- Devon and Tomato Sauce GF Sandwich
- Celery Sticks
- Custard Tub
- Rice Crackers
- GF Cookie

- GF Ham Sandwich
- Cucumber Rounds
- Jelly Cup
- Plain Chips
- Rice Bubble Slice

- Chicken, Cream Cheese and Salad GF Sandwich
- Carrot Sticks
- Yogurt Tub
- GF Anzac
- Cheese Rings

- GF Cheese Sandwich
- Red and Green Capsicums
- Rice Crackers
- GF Cookie
- Diced Peaches

- Ham and cheese Sandwich
- Cucumber Rounds
- Fruit in Jelly
- Cheese Rings
- GF Cookie

Dairy Free Meal

- Devon and Tomato Sauce Sandwich
- Celery Sticks
- Diced Peaches
- Rice Crackers
- DF Cookie

- Ham Sandwich
- Cucumber Rounds
- Jelly Cup
- Pretzels
- Rice Bubble Slice

- Chicken, Hummus and Salad Roll
- Carrot Sticks
- Yogurt Tub
- Oreos
- Plain Chips

- Vegemite and Cheese Sandwich
- Red and Green Capsicums
- Burger Rings
- DF Cookie
- Diced Peaches

- Jam Sandwich
- Cucumber Rounds
- Fruit in Jelly
- Chicken Crackers
- Rice Bubble Slice

Egg Free Meal

- Devon and Tomato Sauce Sandwich
- Celery Sticks
- Custard Tub
- Pizza Crackers
- Donut

- Pizza Fingers
- Cucumber Rounds
- Jelly Cup
- Pretzels
- Sprinkle Cookies

- Chicken, Cream Cheese and Salad Roll
- Carrot Sticks
- Yogurt Tub
- Oreos
- Cheese Rings

- Vegemite and Cheese Sandwich
- Red and Green Capsicums
- Burger Rings
- Choccy Fingers
- Diced Peaches

- Ham and cheese Croissant
- Cucumber Rounds
- Fruit in Jelly
- Chicken Crackers
- Snowball

